

Master's Level Co-Occurring Clinician Position

A Positive Alternative is a long-established outpatient treatment program for Substance Use Disorder treatment, located in Seattle, Washington. (Please visit our web site for more in-depth information regarding our treatment philosophy at www.apositivealternative.com).

We offer our clients gender specific groups that are not based on a 12-Step model of treatment, but provide a client-centered experience using Motivational Enhancement, Mindfulness-Based Relapse Prevention, Cognitive Behavioral Therapy and emotion regulation skills and strategies. Our clients learn the importance of self-care and self-respect as the foundation of their recovery from their problematic behavior with substances. We would like to find someone whose philosophy of addiction is largely aligned with that of our agency and who would enjoy working in a small organization with professionals who are open to new ideas, supportive and collaborative with each other, while also demonstrating an ability to work independently.

Responsibilities of position include:

- Facilitate recovery groups of 6-8 individuals in early stages of recovery.
- Conduct individual sessions with clients to explore specific issues related to their recovery process.
- Collaborate effectively with a team of clinicians to provide holistic care for each client.
- Conduct SUD assessments as needed for clients entering treatment.
- Create effective treatment plans that are person-centered and client-specific.

A strong candidate will:

- Hold a Master's degree in counseling, social work, marriage and family therapy or other related field in human health/science, or anticipated degree within 3 months of hire.
- Have professional training and experience, or an abiding interest in the substance use disorder field.
- Be willing to complete required SUD training. Licensure as SUDP(T) upon application would be ideal.
- Have experience leading groups of adults as well as working therapeutically with clients in an individual setting.
- Have experience in mindfulness practices and how to incorporate these practices into the therapeutic setting.

Benefits of position include:

- Advanced group facilitation training that incorporates a variety of group-therapy modalities. Our clinicians become experts at leading groups of strong, insightful group members.
- Free, on-site supervision that is available when needed as well as scheduled regularly. Our clinicians learn in-depth skills of approaching substance use treatment through collaboration and empowerment of each client.
- Clinicians are able to use our group rooms during free times for their own private practice with no sublet fee.
- Our group practice includes multiple clinicians who offer a wide variety skills and perspectives from their individual training. Each of our clinicians learns from multiple other perspectives when exploring cases.

Because we have a unique approach to treatment, we find new staff benefit greatly from an extended training period with our clinicians. This can last 1-3 months and could consist of 8-10 hours per week. Following training, it is possible for a person to begin working with clients individually and in groups 10-12 hours a week with increasing hours over time to accommodate a range of clinician availability and needs. Most groups are held in the evening for 2-3 hours and individual sessions are scheduled in accordance with personal schedules. If you have an interest in this opening please send your resume and cover letter to Andrea St. Clair at: andrea@apositivealternative.com .